

UIF Training Session #1: Intro to Successful Mentoring	9:00 – 4:00
UIF Training #2: Mentor/Mentee Skills	9:00 – 12:00
Career Exploration	9:00 – 2:00
Time Management	9:00 – 4:00
Emotional Intelligence	9:00 – 4:00
Communicating Non-Defensively	9:00 – 3:00
UIF Training Session #3: Communication Skills & Focus Groups	9:00 – 4:00
Put It In Writing (3 days)	9:00 – 4:00
Personal Profile/Behavioral Styles	9:00 – 3:00
Effective Presentations Skills	9:00 – 4:00
Applying & Interviewing for State Jobs	9:00 – 4:00

Looking Ahead to the Future	8:30 – 1:00
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